

THE
**BLOODY
LONG**
WALK

30 JULY 2023

35KM FROM PALM BEACH TO
MANLY CORSO

(YOUR TEAM NAME HERE)

WE'RE TAKING ON A
35KM CHALLENGE
TO CURE MITO



JOIN US FOR A BLOODY BRILLIANT TIME!

HOW TO JOIN OUR TEAM:

1. GO TO **BLOODYLONGWALK.COM.AU**
2. CLICK 'REGISTER' AND 'JOIN A TEAM'
3. SEARCH FOR OUR TEAM AND CLICK 'JOIN'
4. COMPLETE YOUR REGISTRATION

BLOODYLONGWALK.COM.AU

mito+
FOUNDATION
Hope for mitochondrial disease

